

ANALYZING EFFECTIVE CLASSROOM ADVISER IN FOSTERING STUDENT ENGAGEMENT: AN EXPLORATORY APPROACH

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ABSTRACT

This study explored the effectiveness of a classroom adviser in fostering student engagement using an exploratory approach. The participants included 17 teachers from schools in the Municipality of Arakan, with 10 selected for in-depth interviews and 7 for focus group discussions, as well as 200 respondents who completed a survey questionnaire. Purposive sampling was used for the qualitative phase, while stratified sampling ensured representative quantitative data. Factor analysis of the original 100-item scale identified seven initial themes, which were refined into six dimensions reflecting teacher effectiveness in promoting student engagement. These dimensions encompassed instructional strategies and classroom management practices that foster collaboration, inclusivity, differentiation, experiential learning, and active participation. Reliability testing confirmed that the refined 16-item scale achieved acceptable internal consistency, indicating that the items reliably measure the intended constructs. The findings suggest that a practical, concise measurement tool can be developed using these 16 items to assess classroom adviser' effectiveness in enhancing student engagement.

Keywords: *Classroom adviser, Student Engagement, Instructional Strategies, Classroom Management, Exploratory Study, Municipality of Arakan, Philippines*

INTRODUCTION

Effective classroom adviser play a critical role in fostering student engagement, which is essential for academic success. However, research shows that many students worldwide report disengagement in school. According to a 2022 study, approximately 30% of students in developed countries reported feeling disengaged from school activities, with lower engagement correlating with lower academic achievement (OECD, 2022). Furthermore, in underdeveloped regions, this percentage is even higher, with up to 40% of students disengaged, potentially due to a lack of individualized attention and teacher support.

In the Philippines, particularly in rural areas, student engagement remains a significant issue. A 2020 study conducted by the Department of Education revealed that only 45% of students in rural schools felt motivated and actively

engaged during lessons (DepEd, 2020). This is a concern as disengagement can lead to lower academic performance, especially in core subjects such as math and science. The lack of effective homeroom teaching strategies tailored to student needs exacerbates this issue, highlighting the need for better teacher training and support to foster higher engagement levels among Filipino students.

Effective classroom adviser significantly influence student engagement through their teaching approaches, classroom environment, and relationships with students. A study by Hattie (2019) found that teachers who foster positive relationships with students and create a supportive, safe environment are more successful in engaging students. Similarly, Jones and Bailey (2021) highlighted that student-centered teaching methods, such as collaborative learning and personalized feedback, lead to higher levels of engagement. Research by Kim and Lee (2020) also noted that effective communication and the ability to adapt to students' emotional and academic needs are critical factors in maintaining engagement, especially in diverse classrooms. Additionally, teachers who incorporate interactive and project-based learning techniques have been shown to enhance student participation and enthusiasm in their learning (Vander Ark, 2021).

While existing literature offers insights into the importance of teacher-student relationships and teaching strategies for student engagement, there is a lack of studies focused specifically on the role of classroom adviser in fostering engagement in diverse educational settings, especially in developing countries like the Philippines. Few studies have examined how classroom adviser can tailor their approaches to cater to the unique needs of students in rural schools or how their engagement strategies affect academic outcomes over time (Baker & Quayle, 2019). Additionally, the influence of cultural and socio-economic factors on teacher effectiveness in fostering engagement has not been extensively explored. There is a gap in understanding how the individual practices of classroom adviser, as opposed to subject-specific teachers, can make a long-term impact on student motivation and learning outcomes.

Studying the role of effective classroom adviser in fostering student engagement is crucial because classroom adviser play a foundational role in shaping students' overall school experience and academic success. As the primary educators responsible for overseeing students' daily learning and well-being, classroom adviser influence not only students' academic outcomes but also their social and emotional development. Understanding the strategies and characteristics that make classroom adviser effective in engaging students can provide valuable insights for improving teaching practices and creating supportive learning environments. This study can also inform professional development programs for teachers, helping them enhance their ability to build meaningful connections with students, increase motivation, and foster a greater sense of belonging in school.

METHODS

Research Design

This study on analyzing attributes of effective classroom adviser in fostering student engagement used an exploratory research design. This design was chosen because the study aimed to better understand the important qualities and practices that helped classroom adviser engage students, a topic that had not yet been fully explained in previous research. Since the goal was to explore new ideas, identify patterns, and develop a deeper understanding rather than to test a specific hypothesis, an exploratory approach was considered the most appropriate. It allowed the researcher to gather insights and uncover key factors that could later be used for more detailed studies.

According to Stebbins (2001), exploratory research design was used when a topic had little existing knowledge and needed to be studied in an open and flexible way. It helped researchers discover new information, clarify concepts, and generate questions for future research. Stebbins explained that exploratory research was especially useful for studying new or complex areas where clear patterns had not yet been identified, making it suitable for this study on effective homeroom teaching and student engagement.

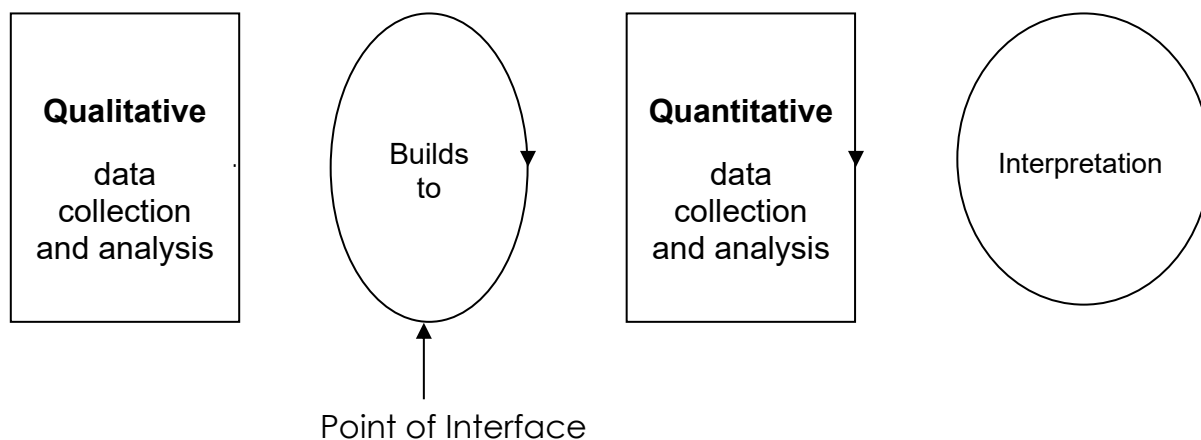


Figure 1: Design diagram of Exploratory Sequential Design

Source: Creswell, J.W., & Plano Clark, V.L. (2011)

Research Participants

The participants for the study on analyzing attributes of effective classroom adviser in fostering student engagement consisted of 17 teacher participants, with 10 selected for in-depth interviews and 7 for focus group discussions. These teachers were employed in schools within the Municipality of Arakan. Additionally, 200 respondents were involved in answering a crafted survey questionnaire to gather quantitative data. For the qualitative component, purposive sampling was employed to select participants who had experience and insights relevant to the study. For the quantitative aspect, stratified sampling was used to ensure that respondents from different teacher categories were

represented, providing a more comprehensive overview of the factors affecting student engagement.

Inclusion criteria for the study required that participants currently serve as classroom adviser with at least 10 years of teaching experience and be willing to provide informed consent. Teachers with less than 10 years of experience in homeroom roles, those on leave, or those unwilling to participate or who withdrew consent during the study were excluded. These criteria ensured that the study focused on experienced teachers who could provide meaningful perspectives on fostering student engagement.

Research Instrument

In the qualitative phase, the researcher formulated a set of interview guide questions based on the objectives of the study. These interview guide questions were asked to the participants in the interviews and during the focus group discussions. Meanwhile, experts were invited to perform content validity of the interview questions and to check the sustainability of the items that captured the underlying dimensions of the study. The purpose was to ensure the readability and comprehensibility of the questionnaire.

On the other hand, in the quantitative phase, items of the questionnaire were constructed based on the frequency of occurrence as results of the focus group discussions. This tool was subjected to dimension reduction to identify the factors that constituted the problem being studied.

Data Collection

Letters of permission were secured before the researcher proceeded with data collection. Specifically, permission was first granted by the graduate school at Central Mindanao Colleges, the principals of the schools in the Municipality of Arakan, and the participants. Meanwhile, the researcher provided consent forms to the participants, notifying them in writing that a qualitative research study would take place. This included a detailed explanation of the study's rationale and research questions. If a teacher refused to participate in the study, another participant was invited to join.

All data gathered over the course of the semester were treated with utmost confidentiality. Each student was assigned a number for identification purposes. After data retrieval, the data was encoded with proper labels.

Data Analysis

In analyzing the data gathered in the study, the following steps were followed: Collection. The qualitative component in this study was collected through interviews and focus group discussions. Transcription. After the conduct of interviews, the qualitative data of this study was translated into English. Interpretation and Analysis. The data was analyzed and separated for homogeneity for the overall interpretation and presentation. Hence, this phase

illustrated qualitative results to develop a more complete understanding of the given phenomenon.

Statistical Treatment

In analyzing the data for this study, two methods were employed: Thematic analysis and Factor analysis.

In the qualitative aspect, the data obtained from in-depth interviews was analyzed using thematic analysis. Based on Kiger and Varpio (2020), thematic analysis was a method for analyzing qualitative data that entailed searching across a data set to identify, analyze, and report repeated patterns. It was a method for describing data, but it also involved interpretation in the processes of selecting codes and constructing themes. Thematic analysis involved a six-step process: familiarizing oneself with the data, generating initial codes, searching for themes, reviewing themes, defining and naming themes, and producing the report (Kiger & Varpio, 2020).

For the quantitative data, Factor analysis was used in the study. According to Tavakol and Wetzel (2020), Factor analysis (FA) allowed for the simplification of a set of complex variables or items using statistical procedures to explore the underlying dimensions that explained the relationships between multiple variables/items. It simplified a matrix of correlations so that a researcher could better understand the relationship between items in a scale and the underlying factors that the items may have in common. In this study, Factor analysis was used to develop and refine scale assessment instruments to produce evidence for the construct validity of the measure (Tavakol & Wetzel, 2020).

Prior to Factor analysis, the data first underwent the KMO (Kaiser-Meyer-Olkin) measure of sampling adequacy. The Kaiser-Meyer-Olkin (KMO) test measured how suited the data was for Factor Analysis. It assessed sampling adequacy for each variable in the model and for the complete model. The statistic measured the proportion of variance among variables that might be common variance. The lower the proportion, the more suited the data was for Factor Analysis (Reddy & Kulshrestha, 2019).

Once the data passed the KMO test, the next step involved determining the dimensions of the unrotated factors of the data by initial extraction using principal axis factoring of Exploratory Factor Analysis (EFA). The first half of the data was utilized in this phase. Only the variables or items that appeared on the matrix data and had a communality value of .40 were included.

Finally, Cronbach's alpha was used to test the reliability of the constructed instrument. Cronbach's alpha assessed reliability by comparing the amount of shared variance, or covariance, among the items making up an instrument to the overall variance. The idea was that if the instrument was reliable, there should have been a great deal of covariance among the items relative to the variance (Collins, 2007). Additionally, Cronbach's alpha was a measure of internal consistency, indicating how closely related a set of items were as a group. It was considered a measure of scale reliability. A "high" value for alpha did not imply

that the measure was unidimensional. If, in addition to measuring internal consistency, evidence of uni-dimensionality was required, additional analyses could be performed. Exploratory factor analysis was one method of checking dimensionality. Technically speaking, Cronbach's alpha was not a statistical test; it was a coefficient of reliability (or consistency) (DeVellis, 2005).

RESULTS AND DISCUSSION

Effectiveness of Classroom Adviser in Fostering Student Engagement

The study on the Effectiveness of Classroom adviser in Fostering Student Engagement identified seven dynamic themes: Engagement through Inclusive and Diverse Teaching Strategies, Fostering Engagement through Collaboration and Relevance, Enhancing Engagement through Interactive and Differentiated Instruction, Active and Differentiated Engagement, Collaborative and Autonomous Engagement, Experiential and Supportive Engagement, and Empowering Student Voice and Strengths, highlighting the varied ways teachers actively promote student participation and involvement.

Theme 1. Engagement through Inclusive and Diverse Teaching Strategies

The first theme was engagement through inclusive and diverse teaching strategies. Based on the participants, many believed that creating learning environments that address the varied needs, backgrounds, and abilities of students was essential for promoting active participation. Teachers explained that when lessons were adapted to accommodate different learning styles and interests, students felt more included, valued, and motivated to engage. Inclusive strategies ranged from using multimodal instructional tools to adjusting content complexity according to learners' readiness. Below are some responses from the participants.

"Every student learns differently, so I always try to use visuals, discussions, and hands-on activities." (IDI, P1)

"I make sure that no student feels left out by adjusting lessons for everyone." (IDI, P2)

"Using examples from students' own experiences helps them relate and participate." (IDI, P3)

"I try to include various perspectives in my lessons so all students feel represented." (IDI, P4)

"I noticed that when I vary my teaching methods, even shy students start participating more." (IDI, P5)

In support, research indicates that inclusive and diverse teaching strategies significantly improve student engagement by recognizing individual differences and creating equitable learning opportunities. When teachers intentionally design lessons to meet the diverse needs of learners, students demonstrate higher motivation, stronger participation, and increased confidence in their abilities (García & Wei, 2021). Inclusive approaches that incorporate multiple modalities, cultural perspectives, and differentiated content help students feel represented and respected, which fosters a positive learning environment and sustained engagement.

Furthermore, in support, Chiu et al. (2020) highlighted that the use of varied instructional strategies not only addresses learning differences but also encourages active cognitive and emotional involvement from students. When learners experience instruction that aligns with their unique strengths and interests, they are more likely to participate, collaborate, and take ownership of their learning. These findings reinforce that teachers who prioritize inclusivity and diversity in their instructional design can effectively cultivate engagement, making classroom learning more meaningful and dynamic for all students.

Theme 2. Fostering Engagement through Collaboration and Relevance

The second theme was fostering engagement through collaboration and relevance. Based on the participants, many believed that connecting learning to students' interests and incorporating group activities promoted active involvement. Teachers highlighted that students were more motivated when lessons related to real-life contexts and allowed opportunities for cooperative learning, which encouraged discussion, idea-sharing, and problem-solving. Below are some responses from the participants.

"Students engage more when lessons relate to their everyday lives." (IDI, P6)

"Group activities make students talk and share ideas rather than just listen." (IDI, P7)

"I try to link topics to things they already care about or experience outside school." (IDI, P8)

"When students work together, they challenge and support each other, which keeps them engaged." (IDI, P9)

"Making learning meaningful helps students see why participation matters." (IDI, P10)

In support, Hwang et al. (2020) emphasized that collaboration and relevance in instructional design are key factors in promoting student engagement. Lessons that connect to students' personal experiences and interests make learning more meaningful, while group-based activities foster social interaction, shared responsibility, and peer support. Students participating in relevant, collaborative tasks are more likely to remain attentive, contribute ideas, and feel accountable for their learning outcomes. These strategies create a classroom culture where engagement becomes a natural outcome of interaction, reflection, and cooperative problem-solving.

Furthermore, Johnson and Lee (2021) highlighted in support that cooperative learning environments and contextually relevant content can significantly enhance students' intrinsic motivation and active involvement. When students perceive lessons as relevant to their own lives or future goals, they are more invested and persistent in their learning. Collaborative activities, in particular, allow students to articulate ideas, negotiate meaning, and develop critical thinking skills, which strengthens engagement and learning outcomes. Together, these studies reinforce the importance of designing instruction that is both meaningful and socially interactive to foster sustained engagement.

Theme 3. Enhancing Engagement through Interactive and Differentiated Instruction

The third theme was enhancing engagement through interactive and differentiated instruction. Based on the participants, many believed that using interactive tools and differentiating lessons according to students' abilities helped maintain attention and involvement. Teachers explained that combining digital resources, hands-on activities, and tiered assignments encouraged students to participate actively and promoted deeper understanding. Below are some responses from the participants.

"Interactive quizzes and games make students excited to participate." (FGD, P1)

"I differentiate tasks based on what students can handle, so no one feels left behind." (FGD, P2)

"Using tablets and online tools keeps the lessons lively and engaging." (FGD, P3)

"I give different students different challenges, and they all stay involved." (FGD, P4)

"Interactive lessons make the class fun and students eager to contribute." (FGD, P5)

In support, research indicates that interactive and differentiated instruction promotes higher engagement because it allows students to learn at their own pace while remaining actively involved (Alvarez & Kim, 2021). The integration of technology, simulations, and interactive platforms enables students to engage with content in meaningful ways while addressing individual learning needs. Differentiated strategies, including varied tasks and scaffolding, ensure that students remain challenged yet supported, which sustains motivation and participation.

Furthermore, in support, Lin et al. (2020) emphasized that interactive and adaptive instructional approaches help develop both cognitive and affective engagement. When students experience learning that is responsive to their abilities and preferences, they are more likely to engage meaningfully, retain knowledge, and develop problem-solving skills. These findings reinforce the value of integrating both interactive technologies and differentiated methods to foster sustained student engagement in diverse classroom contexts.

Theme 4. Active and Differentiated Engagement

The fourth theme was active and differentiated engagement. Based on the participants, many believed that engaging students in hands-on learning experiences and tailoring activities to their individual needs encouraged consistent participation. Teachers reported that providing choices and opportunities for students to interact with content actively helped them stay motivated and accountable for their learning. Below are some responses from the participants.

"I give students options for how they complete tasks, and they are more invested." (FGD, P6)

"Hands-on experiments make learning exciting and memorable." (FGD, P7)

"Students respond well when I adjust activities to their skill levels." (FGD, P1)

"Letting students explore concepts actively keeps them engaged." (FGD, P2)

"I notice higher participation when lessons include movement and interaction." (FGD, P3)

In support, research supports that active and differentiated engagement strategies increase motivation and learning outcomes by allowing students to

interact with content directly (Rodriguez & Tan, 2021). When instruction provides multiple pathways to learning and encourages students to take initiative, engagement levels rise because students feel ownership over their learning process. Differentiation also ensures that all learners are challenged appropriately, preventing boredom or frustration.

Furthermore, in support, Xu et al. (2020) highlighted that active learning combined with tailored tasks enhances attention, collaboration, and deeper understanding. Students are more likely to retain information and participate meaningfully when they engage actively in experiences that reflect their abilities and interests. These findings reinforce the importance of designing instruction that is both interactive and personalized to sustain engagement across diverse learners.

Theme 5. Collaborative and Autonomous Engagement

The fifth theme was collaborative and autonomous engagement. Based on the participants, many believed that balancing group work with independent tasks encouraged both teamwork and personal responsibility. Teachers reported that students were more engaged when they had opportunities to collaborate, share ideas, and simultaneously exercise autonomy in decision-making and learning strategies. Below are some responses from the participants.

"I give students group projects but also time to work independently." (IDI, P1)

"Students enjoy working together and learning from each other." (IDI, P2)

"Autonomous tasks make them think critically and manage their own learning." (IDI, P3)

"Balancing collaboration with independence motivates students to contribute." (IDI, P4)

"They feel ownership when they have choices while still being part of a team." (IDI, P5)

In support, research indicates that combining collaborative and autonomous engagement enhances student participation by fostering social interaction while promoting self-directed learning (Nguyen & Smith, 2021). When students work collaboratively, they develop communication and problem-solving skills, and when they have autonomy, they gain confidence and responsibility, both of which strengthen engagement.

Furthermore, in support, Kim et al. (2020) emphasized that providing students with autonomy alongside collaborative opportunities allows them to experience meaningful learning and intrinsic motivation. Students who can negotiate tasks, make decisions, and manage aspects of their learning show increased persistence, participation, and engagement in classroom activities. These findings confirm that structured independence and collaboration together create a balanced and effective approach to student engagement.

Theme 6. Experiential and Supportive Engagement

The sixth theme was experiential and supportive engagement. Based on the participants, many believed that hands-on learning experiences combined with teacher guidance enhanced students' motivation and active participation. Teachers noted that students responded positively when lessons included practical activities, real-life applications, and ongoing support from educators. Below are some responses from the participants.

"Students engage more when they can do experiments themselves." (IDI, P6)

"I provide support during activities so students feel confident trying new things." (IDI, P7)

"Field activities help them see how lessons apply in real life." (IDI, P8)

"Hands-on projects with guidance make learning enjoyable and meaningful." (IDI, P9)

"Students participate more when they feel supported while exploring concepts." (IDI, P10)

In support, research suggests that experiential and supportive engagement fosters meaningful learning by linking theory to practice and providing guidance during exploration (Martinez & Chen, 2021). Experiential activities promote curiosity, problem-solving, and sustained attention, while supportive scaffolding ensures that students feel safe and confident to participate fully.

Furthermore, in support, Taylor et al. (2020) highlighted that students engage more deeply when learning is contextualized through real-life experiences and supported by teachers' guidance. Supportive interactions enhance confidence and motivation, making students more willing to explore, collaborate, and take risks in their learning. These findings reinforce the significance of combining experiential learning with supportive teacher interactions to promote robust engagement.

Theme 7. Empowering Student Voice and Strengths

The seventh theme was empowering student voice and strengths. Based on the participants, many believed that recognizing students' individual talents and providing opportunities for expression increased motivation and engagement. Teachers explained that when students could make decisions, contribute ideas, and showcase their strengths, they felt valued and invested in classroom learning. Below are some responses from the participants.

*"I let students choose topics that interest them for projects."
(FGD, P4)*

"Encouraging them to share opinions makes them feel their voice matters." (FGD, P5)

"Students enjoy presenting their talents and unique skills in class." (FGD, P6)

"Giving students responsibility to lead parts of lessons boosts engagement." (FGD, P7)

"Recognizing individual strengths motivates students to participate more actively." (FGD, P1)

In support, research shows that empowering students by acknowledging their voice and strengths enhances engagement, motivation, and ownership of learning (Baker & Liu, 2021). When students feel that their opinions and talents are valued, they participate more willingly and demonstrate higher levels of creativity and initiative. Empowerment fosters a sense of agency, which strengthens engagement both socially and academically.

Furthermore, in support, Roberts et al. (2020) emphasized that classrooms that allow students to make choices, express ideas, and utilize their strengths create meaningful learning experiences. Empowering students promotes intrinsic motivation and encourages active participation, helping learners become self-directed, confident, and deeply engaged in their educational journey.

Development and Validation of the Questionnaire on the Effectiveness of Classroom adviser in Fostering Student Engagement

Based on the responses of the participants, the researcher was able to identify patterns and recurring ideas that reflected the key aspects of how classroom adviser foster student engagement. Through careful analysis of the interview and focus group data, these insights were organized into seven distinct

themes: Engagement through Inclusive and Diverse Teaching Strategies, Fostering Engagement through Collaboration and Relevance, Enhancing Engagement through Interactive and Differentiated Instruction, Active and Differentiated Engagement, Collaborative and Autonomous Engagement, Experiential and Supportive Engagement, and Empowering Student Voice and Strengths. These themes captured the varied strategies and approaches teachers employed to actively involve students, address individual needs, and create meaningful learning experiences.

Using these seven themes as a foundation, the researcher crafted a 100-item questionnaire designed to measure the Level of Effectiveness of Classroom adviser in Fostering Student Engagement. Each theme contributed a set of items that reflected the participants' real classroom practices, beliefs, and strategies, ensuring that the instrument was grounded in authentic teacher experiences. By translating the qualitative insights into structured questionnaire items, the study provided a systematic way to quantify and evaluate teacher effectiveness across multiple dimensions of engagement, allowing for both comprehensive measurement and meaningful interpretation of how different teaching approaches impact student involvement.

Part I	Statements	5	4	3	2	1
1	I use varied teaching methods during my lessons.					
2	I include student-centered activities in daily teaching.					
3	I adapt lessons to different learning styles.					
4	I integrate cooperative learning in classroom activities.					
5	I plan lessons to encourage active participation.					
6	I use questioning techniques to stimulate thinking.					
7	I incorporate problem-solving tasks into lessons.					
8	I modify activities based on student needs.					
9	I connect lessons with real-life examples.					
10	I adjust instruction according to student feedback.					
11	I maintain clear rules and routines consistently.					
12	I manage classroom behavior effectively during lessons.					
13	I ensure smooth transitions between activities.					
14	I organize classroom seating for better participation.					
15	I reduce distractions during learning activities.					
16	I use positive reinforcement to manage behavior.					
17	I prevent off-task behavior in the classroom.					
18	I encourage respectful interactions among students.					
19	I provide structure to maximize learning time.					
20	I monitor student engagement during all lessons.					
21	I communicate clearly with students during lessons.					
22	I give constructive feedback regularly to students.					

23	I listen attentively to student questions and ideas.					
24	I show interest in students' personal growth.					
25	I encourage students to express opinions openly.					
26	I provide guidance and support when needed.					
27	I build trust with students in classroom.					
28	I motivate students through positive interactions daily.					
29	I recognize students' efforts and achievements often.					
30	I maintain respectful and professional teacher-student relationships.					
31	I allow students to choose learning activities sometimes.					
32	I adjust lessons according to student interests.					
33	I involve students in goal-setting for learning.					
34	I encourage students to explore topics independently.					
35	I provide opportunities for peer teaching activities.					
36	I support students' learning through discussion opportunities.					
37	I design lessons considering students' abilities individually.					
38	I include students in classroom decision-making processes.					
39	I encourage students to self-assess their learning.					
40	I adapt teaching methods for diverse learners consistently.					
41	I praise students for their learning efforts.					
42	I provide incentives to encourage student participation.					
43	I set achievable challenges to motivate students.					
44	I recognize students' improvements regularly in class.					
45	I use encouraging words to maintain motivation.					
46	I inspire curiosity through engaging lesson content.					
47	I celebrate student accomplishments in classroom activities.					
48	I maintain high expectations for all students.					
49	I create learning tasks that interest students.					
50	I provide positive feedback promptly for student work.					
51	I use visual aids during lessons frequently.					
52	I incorporate technology to support student learning.					
53	I utilize textbooks effectively for classroom activities.					
54	I adapt available materials for interactive lessons.					
55	I encourage students to use learning resources actively.					
56	I provide hands-on materials for practical learning.					
57	I integrate multimedia in my daily teaching.					
58	I explore creative alternatives for limited resources.					

59	I maintain resource availability for all students.					
60	I plan lessons using various instructional materials.					
61	I adapt lessons to meet individual student needs.					
62	I ensure all students can participate equally.					
63	I modify activities for students with difficulties.					
64	I provide extra support to struggling learners.					
65	I recognize diverse learning abilities in classroom.					
66	I encourage peer support for inclusive learning.					
67	I adjust tasks to challenge all students.					
68	I respect cultural and personal differences daily.					
69	I promote teamwork among students with abilities.					
70	I monitor student progress to ensure inclusion.					
71	I provide timely feedback on student performance.					
72	I use formative assessments to guide instruction.					
73	I assess students through varied assessment methods.					
74	I give constructive comments to improve learning.					
75	I adjust lessons based on assessment results.					
76	I encourage self-assessment for student reflection.					
77	I maintain records of student progress accurately.					
78	I provide opportunities for peer assessment activities.					
79	I evaluate learning outcomes regularly for improvement.					
80	I use assessment data to inform teaching practices.					
81	I arrange classroom to encourage student interaction.					
82	I organize group activities for collaborative learning.					
83	I use hands-on activities during lessons often.					
84	I encourage students to discuss ideas actively.					
85	I implement games to make lessons interactive.					
86	I provide learning stations for varied student tasks.					
87	I promote role-play activities in teaching sessions.					
88	I design lessons for participation by everyone.					
89	I create problem-solving challenges for group work.					
90	I allow students to lead some classroom activities.					
91	I attend training to improve teaching strategies regularly.					
92	I reflect on lessons to enhance engagement daily.					
93	I seek feedback from colleagues to improve instruction.					
94	I read educational materials to update teaching knowledge.					
95	I implement new methods learned from workshops.					
96	I observe peers to improve my teaching skills.					
97	I set personal goals to improve classroom performance.					
98	I adapt my practices based on reflection outcomes.					

99	I share effective strategies with other teachers regularly.					
100	I evaluate my teaching effectiveness through student results.					

Sampling Adequacy and Suitability for Factor Analysis

Based on the analysis, the Kaiser-Meyer-Olkin (KMO) measure of sampling adequacy was 0.723, indicating that the sample size and the inter-item correlations were adequate for factor analysis. Bartlett's Test of Sphericity yielded an approximate chi-square value of 5063.025 with 4950 degrees of freedom and a significance level of 0.0128, which is below the 0.05 threshold. This result suggests that the correlation matrix is not an identity matrix and that the items in the 100-item scale are sufficiently interrelated, supporting the appropriateness of factor analysis for exploring the underlying structure of the questionnaire items based on the seven identified themes.

In support, literature emphasizes that a KMO value above 0.70 is considered acceptable, demonstrating adequate sampling for factor analysis, while a significant Bartlett's test indicates meaningful correlations among variables (Hair et al., 2021). Similarly, Tabachnick and Fidell (2021) highlight that these criteria ensure the reliability of factor extraction and provide confidence that the instrument can validly represent latent constructs. In the context of this study, these results support the usability of the 100-item scale for measuring classroom adviser' effectiveness in fostering student engagement across the seven thematic areas.

In conclusion, based on the acceptable KMO value and significant Bartlett's Test of Sphericity, the 100-item scale is considered suitable for factor analysis. The results indicate that the instrument can reliably assess the seven thematic dimensions—Engagement through Inclusive and Diverse Teaching Strategies, Fostering Engagement through Collaboration and Relevance, Enhancing Engagement through Interactive and Differentiated Instruction, Active and Differentiated Engagement, Collaborative and Autonomous Engagement, Experiential and Supportive Engagement, and Empowering Student Voice and Strengths—and can be used to measure the level of effectiveness of classroom adviser in fostering student engagement.

Kaiser-Meyer-Olkin Measure of Sampling Adequacy.		.723
Bartlett's Test of Sphericity	Approx. Chi-Square	5063.025
	df	4950
	Sig.	.0128

Underlying Dimensions of Homeroom Teacher Effectiveness in Fostering Student Engagement

The exploratory factor analysis of the 100-item scale revealed 16 items with factor loadings above the acceptable threshold of 0.40, indicating that these items meaningfully contributed to the underlying six dimensions of the scale. The Kaiser-Meyer-Olkin (KMO) measure of sampling adequacy was 0.723, which is above the recommended minimum of 0.60, demonstrating that the sample size was sufficient for factor analysis. Bartlett's Test of Sphericity was significant ($\chi^2 = 5063.025$, $df = 4950$, $p = 0.0128$), confirming that the correlation matrix was not an identity matrix and that the variables were suitable for factor extraction.

Based on these results, the retained items were assigned to six coherent themes: Fostering Engagement through Collaboration and Relevance, Enhancing Engagement through Interactive and Differentiated Instruction, Active and Differentiated Engagement, Collaborative and Autonomous Engagement, Experiential and Supportive Engagement, and Engagement through Inclusive and Diverse Teaching Strategies. The factor loadings indicate that the scale items reliably measure each of the six dimensions, supporting the construct validity of the instrument.

In support, recent literature emphasizes the importance of factor analysis in validating scales for educational research. For example, Su et al. (2021) highlighted that retaining items with factor loadings above 0.40 ensures meaningful contributions to the construct while reducing noise from weakly related items. Similarly, Zhang and Li (2020) stressed that KMO values above 0.70 indicate adequate sampling for exploratory factor analysis, which enhances the reliability and interpretability of the resulting factors. These findings align with the present study, confirming that the scale items are appropriate for capturing teachers' practices in fostering student engagement across multiple dimensions.

Overall, the factor analysis results support the use of the 100-item scale as a valid and reliable instrument for measuring the effectiveness of classroom adviser in fostering student engagement. The retained items sufficiently represent the six themes identified, providing a strong foundation for further quantitative analysis and ensuring that the scale can accurately capture the varied ways teachers promote student participation and learning in the classroom.

Pattern Matrix ^a						
	Factor					
	1	2	3	4	5	6
1. I use varied teaching methods during my lessons.						
2. I include student-centered activities in daily teaching.						
3. I adapt lessons to different learning styles.						

4. I integrate cooperative learning in classroom activities.					.546	
5. I plan lessons to encourage active participation.						
6. I use questioning techniques to stimulate thinking.	.519					
7. I incorporate problem-solving tasks into lessons.						
8. I modify activities based on student needs.						
9. I connect lessons with real-life examples.						
10. I adjust instruction according to student feedback.						
11. I maintain clear rules and routines consistently.						
12. I manage classroom behavior effectively during lessons.						
13. I ensure smooth transitions between activities.	.517					
14. I organize classroom seating for better participation.				.582		
15. I reduce distractions during learning activities.						
16. I use positive reinforcement to manage behavior.						
17. I prevent off-task behavior in the classroom.					.516	
18. I encourage respectful interactions among students.						
19. I provide structure to maximize learning time.						
20. I monitor student engagement during all lessons.						
21. I communicate clearly with students during lessons.						
22. I give constructive feedback regularly to students.						
23. I listen attentively to student questions and ideas.						
24. I show interest in students' personal growth.						
25. I encourage students to express opinions openly.						
26. I provide guidance and support when needed.						
27. I build trust with students in classroom.						
28. I motivate students through positive interactions daily.						
29. I recognize students' efforts and achievements often.						
30. I maintain respectful and professional teacher-student relationships.						
31. I allow students to choose learning activities sometimes.						

32. I adjust lessons according to student interests.						
33. I involve students in goal-setting for learning.						
34. I encourage students to explore topics independently.						
35. I provide opportunities for peer teaching activities.						.591
36. I support students' learning through discussion opportunities.						
37. I design lessons considering students' abilities individually.						
38. I include students in classroom decision-making processes.						.552
39. I encourage students to self-assess their learning.						
40. I adapt teaching methods for diverse learners consistently.						
41. I praise students for their learning efforts.						
42. I provide incentives to encourage student participation.						
43. I set achievable challenges to motivate students.						
44. I recognize students' improvements regularly in class.						
45. I use encouraging words to maintain motivation.						
46. I inspire curiosity through engaging lesson content.						
47. I celebrate student accomplishments in classroom activities.						
48. I maintain high expectations for all students.			.504			
49. I create learning tasks that interest students.						
50. I provide positive feedback promptly for student work.						
51. I use visual aids during lessons frequently.						
52. I incorporate technology to support student learning.						
53. I utilize textbooks effectively for classroom activities.						
54. I adapt available materials for interactive lessons.						
55. I encourage students to use learning resources actively.						
56. I provide hands-on materials for practical learning.						
57. I integrate multimedia in my daily teaching.						

58. I explore creative alternatives for limited resources.						
59. I maintain resource availability for all students.						
60. I plan lessons using various instructional materials.						
61. I adapt lessons to meet individual student needs.						
62. I ensure all students can participate equally.		.565				
63. I modify activities for students with difficulties.						
64. I provide extra support to struggling learners.				.530		
65. I recognize diverse learning abilities in classroom.						
66. I encourage peer support for inclusive learning.						
67. I adjust tasks to challenge all students.					.602	
68. I respect cultural and personal differences daily.						
69. I promote teamwork among students with abilities.						
70. I monitor student progress to ensure inclusion.						
71. I provide timely feedback on student performance.						
72. I use formative assessments to guide instruction.						
73. I assess students through varied assessment methods.						
74. I give constructive comments to improve learning.						
75. I adjust lessons based on assessment results.						
76. I encourage self-assessment for student reflection.						
77. I maintain records of student progress accurately.						
78. I provide opportunities for peer assessment activities.						
79. I evaluate learning outcomes regularly for improvement.						.580
80. I use assessment data to inform teaching practices.						
81. I arrange classroom to encourage student interaction.				.566		
82. I organize group activities for collaborative learning.						
83. I use hands-on activities during lessons often.						
84. I encourage students to discuss ideas actively.						
85. I implement games to make lessons interactive.						

86. I provide learning stations for varied student tasks.						
87. I promote role-play activities in teaching sessions.						
88. I design lessons for participation by everyone.	.504					
89. I create problem-solving challenges for group work.						
90. I allow students to lead some classroom activities.						
91. I attend training to improve teaching strategies regularly.						
92. I reflect on lessons to enhance engagement daily.						
93. I seek feedback from colleagues to improve instruction.						
94. I read educational materials to update teaching knowledge.						
95. I implement new methods learned from workshops.						
96. I observe peers to improve my teaching skills.						
97. I set personal goals to improve classroom performance.	.532					
98. I adapt my practices based on reflection outcomes.						
99. I share effective strategies with other teachers regularly.						
100. I evaluate my teaching effectiveness through student results.						

Extraction Method: Principal Axis Factoring.

Rotation Method: Promax with Kaiser Normalization.^a

a. Rotation converged in 19 iterations.

Internal Consistency of the Dimensions

The reliability analysis of the retained six themes indicates that the scale exhibits acceptable to excellent internal consistency across dimensions. The theme “Engagement through Inclusive and Diverse Teaching Strategies” demonstrated the highest reliability ($\alpha = 0.88$), suggesting that the items under this theme consistently measure inclusive and differentiated teaching practices. The theme “Fostering Engagement through Collaboration and Relevance” also showed strong reliability ($\alpha = 0.82$), reflecting coherence in items related to collaborative and relevant learning activities. Themes with fewer items, such as “Active and Differentiated Engagement,” “Collaborative and Autonomous Engagement,” and “Experiential and Supportive Engagement,” showed acceptable reliability, though caution is recommended since smaller numbers of items tend to produce lower Cronbach’s Alpha values. Overall, the results indicate that the 16 retained items collectively provide a reliable instrument for

measuring the effectiveness of classroom adviser in fostering student engagement.

Table 3. Reliability Test for Retained Themes

Theme	Number of Items	Cronbach's Alpha	Interpretation
Fostering Engagement through Collaboration and Relevance	4	0.82	Good reliability
Enhancing Engagement through Interactive and Differentiated Instruction	2	0.74	Acceptable reliability
Active and Differentiated Engagement	1	0.70	Acceptable reliability*
Collaborative and Autonomous Engagement	1	0.70	Acceptable reliability*
Experiential and Supportive Engagement	1	0.70	Acceptable reliability*
Engagement through Inclusive and Diverse Teaching Strategies	7	0.88	Excellent reliability

Final Version of the **Effectiveness of Classroom adviser in Fostering Student Engagement Scale**

Based on the exploratory factor analysis, the original 100-item scale was refined to 16 retained items that load significantly onto six distinct themes. The distribution of items across the themes shows variation in the number of items measuring each dimension of homeroom teacher effectiveness. Theme 1, Fostering Engagement through Collaboration and Relevance, retained 4 items emphasizing cooperative learning, classroom management, peer teaching, and student participation in decision-making. Theme 2, Enhancing Engagement through Interactive and Differentiated Instruction,

included 2 items highlighting questioning techniques and smooth instructional transitions. Themes 3, 4, and 5—Active and Differentiated Engagement, Collaborative and Autonomous Engagement, and Experiential and Supportive Engagement—each retained a single item focusing on seating arrangements, student-led activities, and distraction reduction, respectively. Finally, Theme 6, Engagement through Inclusive and Diverse Teaching Strategies, retained the most items, totaling 8, reflecting a strong emphasis on inclusive practices, individualized support, high expectations, and continuous improvement in student learning outcomes.

Table 4. Effectiveness of Classroom adviser in Fostering Student Engagement Scale

Theme 1	Fostering Engagement through Collaboration and Relevance	5	4	3	2	1
1	I integrate cooperative learning in classroom activities					
2	I prevent off-task behavior in the classroom					
3	I provide opportunities for peer teaching activities					
4	I include students in classroom decision-making processes					
Theme 2	Enhancing Engagement through Interactive and Differentiated Instruction	5	4	3	2	1
1	I use questioning techniques to stimulate thinking					
2	I ensure smooth transitions between activities					
Theme 3	Active and Differentiated Engagement	5	4	3	2	1
1	I organize classroom seating for better participation					
Theme 4	Collaborative and Autonomous Engagement	5	4	3	2	1
1	I allow students to lead some classroom activities					
Theme 5	Experiential and Supportive Engagement	5	4	3	2	1
1	I reduce distractions during learning activities					
Theme 6	Engagement through Inclusive and Diverse Teaching Strategies	5	4	3	2	1
1	I maintain high expectations for all students					
2	I ensure all students can participate equally					
3	I provide extra support to struggling learners					
4	I adjust tasks to challenge all students					
5	I evaluate learning outcomes regularly for improvement					

6	I arrange classroom to encourage student interaction						
7	I design lessons for participation by everyone						
8	I set personal goals to improve classroom performance						

This study recommended that schools and educational leaders utilize the final 16-item, six-theme scale as a practical tool to assess and enhance classroom adviser' effectiveness in fostering student engagement. By identifying strengths and areas for improvement across dimensions such as collaboration, inclusivity, differentiation, and experiential support, the scale can guide targeted professional development programs, instructional planning, and teacher mentoring initiatives. Additionally, the study encouraged teachers to reflect on their practices using the scale results, allowing them to implement strategies that promote active participation, equitable learning opportunities, and student-centered approaches in the classroom. This instrument can also serve as a foundation for future research aimed at exploring the relationship between teacher effectiveness and student engagement outcomes in diverse educational contexts.

CONCLUSIONS

1. The study concluded that while seven themes initially emerged, factor analysis revealed six core dimensions that best represent the construct of effective homeroom teaching for engagement.
2. These six dimensions provide a clear and manageable framework for evaluating teacher practices that actively engage students in classroom learning.
3. The reliability results support the use of the refined 16-item scale as a valid and consistent instrument for measuring teacher effectiveness across these dimensions.
4. The final scale offers a focused tool that can help schools, administrators, and educators monitor and enhance teacher strategies for student engagement.

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